

Learning Styles Questionnaire – AVK

Please tick the white box if the statement is usually true for you.

Question	VL	VN	AL	AN	KT
When I make things for my studies, I remember what I have learned better.					
I learn better if someone reads a book to me than if I read silently to myself.					
Having assignment directions written on the board makes them easier to understand.					
When I do number problems in my head, I say the numbers to myself.					
I understand a number problem that is written down better than one I hear.					
I remember things I hear, better than I read.					
I would rather read a story than listen to it read.					
If someone tells me three numbers to add I can usually get the right answer without writing them down.					
Written number problems are easier for me to do than oral ones.					
Writing a spelling word several times helps me remember it better.					
I find it easier to remember what I have heard than what I have read.					
I like written directions better than spoken ones.					
When I hear a phone number, I can remember it without writing it down.					
Seeing a number makes more sense to me than hearing a number.					
I like to do things like simple repairs or creative things with my hands.					
I would rather read things in a book than have the trainer tell me about them.					
When I have a written number problem to do, I say it to myself to understand it better.					
Seeing the price of something written down is easier for me to understand than having someone tell me the price.					
I like to make things with my hands.					
I understand more from a group discussion than from reading about a subject.					
I remember the spelling of a word better if I see it written down than if someone spells it out loud.					
It makes it easier when I say the numbers of a problem to myself as I work it out.					
When someone says a number, I really don't understand it until I see it written down.					
I understand what I have learned better when I am involved in making something for the subject.					
I do well on tests if they are about things I hear in the training situation (training room).					
	VL	VN	AL	AN	KT
Total					

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My strongest preference is: _____

My second preference is: _____

My least favourite preference is: _____

The following are descriptions of learning styles which can be found in every learner to some extent. These descriptions will help you evaluate a persons learning style on the basis of observation. This Learning Styles Instrument is a tool which facilitates identifying our preferences of these learning styles. Each of the five style areas are described here as if the individual showed a strong preference in that particular style.

1. **Auditory Language:** This is the person who learns from hearing words spoken. You may hear them vocalizing or see their lips or throat moving as they reads, particularly when they are striving to understand new material. They will be more capable of understanding and remembering words or facts they could only have learned by hearing.

2. **Visual Language:** This is the person who learns well from reading words in books, on the chalkboard, charts or workbooks. The individual may even write words down that are given orally, in order to learn from seeing them on paper. They tend to remember and use information better if they have read it themselves.

3. **Auditory Numerical:** This person learns from hearing numbers and oral explanations. They may remember phone and locker numbers with ease, and be successful with oral numbers, games and puzzles. Written materials are not as important. They can probably work problems in their head. You may hear them saying numbers to themselves, or see their lips moving as they try to understand a problem.

4. **Visual Numerical:** This person has to see numbers, on the board, in a book, or on a paper -- in order to work with them. They are more likely to remember and understand number facts if they have seen them. They don't seem to need as much oral explanation.

5. **Auditory-Visual-Kinaesthetic Combination:** The A-V-K person learns best by experience -- doing, self-involvement. They definitely needs a combination of stimuli. The manipulation of material along with the accompanying sight and sound (words and numbers seen and spoken) will make a big difference to them. They may not seem to be able to understand, or be able to keep their mind on work unless they are totally involved. They often seek to handle, touch and work with what they are learning. Sometimes just writing or a symbolic wiggling of the finger is a symptom of the A-V-K learner.

Please note this instrument is for 'educational purposes only, RapidBI and its agents provide no validation for this, its purpose is as a discussion tool only.